

Invocation for Patanjali



yogena cittasya padena vacam

malam sarirasya ca vaidyakena

yopakarottam pravaram muninam

patanjalin pranajaliranato'smi

abahu purusakaram

sankha cakrasi dharinam

sahasra sirasam svetam

pranamami patanjalin

oum

Let us bow before the noblest of sages Patangali,

who gave us yoga for serenity and sanctity of mind,

grammar for clarity and purity of speech and

medicine for perfection of health.

Let us prostrate before Pantangali, an incarnation of Adisesa

whose upper body has a human form

whose arms hold an conch and a disc, and

who is crowned by a thousand-headed cobra.